



Tournament Points

5 - 11 years old



Randori / Katamawaza Competition

Duration: 2 minutes

1 minute Randori unless a throw or take down occurs, then continue to fight on the ground for 1 minute.

Points:	Randori:	5 points for a good clean throw. 3 points for a take down.
	Katamawaza Fighting:	5 points for a 5 second controlled hold down.

If no score is given after 1 minute of ground fighting, 5 points will be awarded by the referee, to the competitor who has shown the most aggression.

The judges only score when told to by the matt referee.

**Bouts are won by most points scored - 3 points to winner
0 points for a loss**

Tournament Mat:	1x mat referee 2-3x judges 1x timekeeper 1x dresser 1x scribe
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Officials Equipment:	2qty red belts 2qty white belts 1qty stop watch 4-6qty clickers - 2-3qty red 2-3qty white 1qty red & yellow card
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The referee's decision is final.



Tournament Points

12 years and above



Continuous Fighting

Equipment Required:



Gum Shield



Hand Pads for
16yrs and above



Hand Pads for
15yrs and below



Foot & Leg Pads



Groin Guard

Duration: 2 minutes 45 seconds

1 minute Sparring, 45 seconds Randori grip / throw, 1 minute Katamawaza ground fighting

Points: Sparring: Clean Punches/ Strikes/ Kicks = 1 point
All Sparring must be LIGHT and with CONTROL
No direct punching to the face/ kicks below the waist
Leg sweep must be achieved within 3 seconds 3 points for a clean sweep

Randori: Referee will shout "Grip" after 1 minute sparring
45 seconds maximum to throw / takedown
5 points for a good clean throw
3 points for a take down.

Katamawaza Fighting: Begins immediately after a successful throw/ take down
If no throw or take down is achieved after 45 seconds referee will shout "Grip" again, fighters will keep hold but will now placed in a kneeling position to continue
3 points for a 5 second controlled hold down
Maximum of 15 points can be awarded in this section of the fight
The judges only score when told to by mat referee

Tournament Mat: 1x mat referee
3x judges
1x timekeeper
1x dresser
1x scribe

Officials Equipment: 2qty red belts
2qty white belts
1qty stop watch
6qty clickers - 3qty red
3qty white
1qty red & yellow card

The referees decision is final

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Tournament Rules

1. All Competitors must wear correct protective hand, shin and foot pads, gum shield, and groin protector for male competitors.
2. Only light contact when sparring: Juniors - No strikes to the head
Seniors - may strike to the head
3. Grappling on the ground:
Juniors: Hold downs only (**NO ARM LOCKS AND CHOKES**)
Seniors: May use chokes (**NO OPEN HANDED CHOKES**)
All Competitors: **NO ARM BARS OR NECK LOCKS**
NO PUNCHING, KICKING, BITING, PINCHING, POKING IN EYES
In the case of any injury: 5 minute time out given.
Competitors asked if they are ok to carry on, if not they will have to retire.
4. Abusive language must not be used at any time towards Officials or Competitors, any uncontrolled or aggressive behavior whilst competing will lead to disqualification.
5. Any Official found to be unprofessional towards any Competitor will be reprimanded and withdrawn from the tournament.
6. If the Mat Referee thinks a bout is one sided.
For example: A Competitor is not defending or fighting back he may stop the bout.
7. The Referee's decision is final.
8. Any competitor who breaks the rules will first receive a verbal warning, then a yellow card and 3 points deducted from their score and then a red card for a 2nd offence.
9. All the above rules are to ensure a fair & safe tournament so please don't abuse them.
10. All competitors must register when first entering the hall showing their martial arts licence.
11. Check which mat you will be taking part in using the wall chart located in the dojo.

GOOD LUCK TO ALL COMPETITORS